



MYKONOSBLU
GRECOTEL EXCLUSIVE RESORT

ELIXIR FITNESS GALLERY

Pamper yourself in a luxurious setting



- Please arrive 15 minutes before your treatment. Before your treatment, you will be asked to complete a lifestyle questionnaire
- We request a minimum of 4 hours' cancellation notice for a single treatment or 24 hours' advance notice for rituals. If you fail to cancel or reschedule your appointment, you will be charged for the scheduled service. Being late for your appointment may shorten the length of your treatment
- You will be provided with a bathrobe, towels, and slippers
- Please remove all jewelry and clothing, leaving on your undergarments. For some treatments you will be provided with disposable undergarments by your therapist
- Valuables should be kept in your locker. The management will not be held responsible for the loss of any personal items
- During treatments, please let your therapist know if you're comfortable or uncomfortable, too warm or too cold, or if the pressure is too light or too firm. Your comfort and care is our greatest concern and priority
- If you have a particular injury or physical condition, please inform the therapist who can suggest appropriate adjustments to the treatment for your comfort and to enhance the treatment's effectiveness
- If you have any questions, your therapist will gladly answer them
- Mobile phones are not permitted in Elixir Fitness Gallery. This is the time for your body and mind to release the worries and stress of the day
- Smoking is not permitted in Elixir Fitness Gallery.

MASSAGES & THERAPIES	DURATION
Aromatherapy	50'
"Elixir" Aroma	50'
Reflex Massage (only feet)	40'
Lymphatic Massage (legs)	30'
Lymphatic Massage (all body)	50'
"Mykonos Blu" Massage	60'
Relax Massage	30'
	50'
Head & Face Relax Massage	20'
SPECIAL THERAPIES	
PAYOT Harmony Body Therapy	1 hour & 20'
Chocolate Symphony	60'
Carita Satin Skin Renovation	60'
IOLI Natural Beauty "Elixir"	60'
FACIAL TREATMENTS	
Carita Hydrating essential renovateur	60'
Deep Cleansing	90'
PAYOT Deep Collagen Therapy	60'
HAND TREATMENT	
Manicure	30'
Spa Manicure	45'
Pedicure	40'
Spa Pedicure	55'
WAXING	
Face - upper lip	10'
Underarms or Bikini	15'
Lower legs	20'
Legs and Bikini	45'
Legs & Bikini & Underarms	60'
Eyebrow shaping	15'